

Young Achiever To Do List

	Mon	Tue	Wed	Thu	Fri	Sat	Parent Initials
CLEAN ROOM							
Make my bed							
Put my personal things away							
SELF CARE							
Brush teeth							
Take a bath or shower							
Put dirty clothes in laundry							
SCHOOL							
Complete homework							
Use black belt effort in class							
FAMILY							
Complete assigned chores							
Use black belt respect for parents							
SELF DEVELOPMENT							
Practice martial arts at home							
Practice other (piano, flute, reading, etc.)							

Student's Name: _____ Date: _____

Parent's Signature: _____ Date: _____

Note to parents: Please use this form how it best fits with your family's routine. It can be modified. Your child can turn it in to his or her karate instructor when completed for a special sticker!